



Greendale Twinite General Guidelines

Player Equipment

Baseball Glove

- Required at all levels.

Bats

- Recommended for each player but can be shared amongst players and teams.
- Bat limits
 - Single A - USA Certified, Tee Ball Bats Only
 - Double A - USA Certified, Tee Ball or 2 ¼ barrel maximum.
 - Hardball Minors - USA Certified, 2 ⅝ barrel maximum (no drop limit)
 - Hardball Majors - USA Certified, BBCOR or USSSA 2 ¾ barrel maximum (no drop limit)
 - Hardball Seniors - USA Certified, BBCOR, or USSSA 2 ¾ barrel maximum (no drop limit)
 - Softball Juniors, Minors, Majors, Seniors - USA Certified Softball, 2 ¼ barrel maximum

Baseball Cleats

- Cleats are optional at Single A and required at all other levels.
- No metal spike cleats at any level.

Uniform Jersey Top

- This is provided by Greendale Twinite and does not need to be purchased.

Hat/Visor

- This is provided by Greendale Twinite and does not need to be purchased.

Batting Helmets

- All players must wear a batting helmet while in the field of play. This includes when up to bat, on the bases, or when on deck.
- Players can supply their own helmets or can be supplied for players to use from Twinite.

Baseball Pants

- Players choose their own color pants and can be black, white, or gray.
- Baseball pants are optional at Single A and required at all other levels.

Male Protective Cup

- Recommended for all male players.
- Required if playing catcher position.

Catcher's Equipment

- This is provided by the league, but a player may use their own equipment if they wish.



Field Guidelines

Field Preparations and Clean-up

- The home team is responsible for installing and storing bases before and after the game.

Pre-Game Warmups

- One team may warm up on the field at a time.
- Home team may use field for the first 15 minutes to warm up.
- Away team may use the field for the second 15 minutes to warm up.
- All coaches are responsible for making sure games start promptly at 6:00.

Game Play

Home and Away Dugout

- Home dugout - 1st base side.
- Away dugout - 3rd base side.

Game Balls

- Minors, Majors, and Seniors leagues have separate, unused game balls for games.
- Practice balls should not be used for games.
- A coach from each team is expected to supply one game ball for every game.

Time

- In an effort to keep time, Pitchers may take 5 warm up pitches between innings.
- It is the responsibility of the umpire to quickly start the next half inning to keep the pace of the game moving.
- It is the responsibility of the coaches to make sure catchers are quickly in gear and ready to play.

Official Games

- Each scheduled game is expected to be played, and if cancelled for inclement weather or another reason every reasonable effort should be made to reschedule every game.
- A minimum of 4 innings constitutes a complete game.
- If a full inning is not completed the score reverts to the last completed inning.

Lineups

- Head Coaches must set a batting lineup for each game.
- Batting lineups must vary from game to game, NO PLAYER SHOULD CONSISTENTLY BAT NEAR THE BOTTOM OF THE LINEUP.
- Coaches can either vary lineups equitably for players or have a rolling lineup that continues from game to game where the next batter up at the end of one game will be the first batter of the next game.
- Later arriving players are placed at the end of the lineup.

Thrown Bats

- The first time a player throws a bat they will be given a warning.
- After the first warning, a player will be called out and players will return to their base.

Fielding Positions

- Greendale Twinite is a developmental recreational league where kids come first and are given many opportunities to be successful.
- No player may sit on the bench twice until all other players have sat at least once.
- Players must have opportunities to play both infield and outfield positions.



- It is NOT required for players to play ALL positions however it is encouraged for players to try all positions.

Pinch Runner for Catcher

- In the event of two (2) outs and a catcher is on base, the coach is encouraged to take the catcher out of that inning in order to allow enough time to be prepared for the next inning of play.
- The player making the previous out of that inning must be the person to substitute for that position.

Good Sportsmanship

Coach Behavior

- All coaches are expected to act in a cordial way that demonstrates respect for the players, umpires, opposing coaches, spectators, and the game of baseball.
- Arguing with umpires is not allowed at any time, for any reason.
 - If a coach is unclear about why a call is made, he or she may ask the umpire between innings what they saw without disputing a call as it is made on the field.
 - Coaches are expected to model for players and spectators to accept the call and move on to the next play.
- Head Coaches are responsible for communicating with families the game schedule, practice schedule, league announcements, and other pertinent information families require.
- All coaches are responsible for providing an environment that cultivates the Greendale Twinite Mission:
 - We will all work together at Greendale Twinite to put the kids first, giving an opportunity for children to have fun, feel empowered to be part of a team and community, and gain confidence in their ability to grow as a baseball or softball player.

Spectator's Behavior

- Support for players is strongly encouraged.
- Spectators should demonstrate respect for players, umpires, coaches, and opposing team spectators at all times.
- Any spectators that are taunting, aggressive, or mean spirited will be asked to leave the premises. Failure to leave the premises can result in forfeit of the game.
 - The Head Coach of that team is responsible for addressing this situation with their spectators.

Other Guidelines

Substitutions/Forfeiture

A team must field a minimum of 7 players otherwise the game is forfeited.

- Teams can get supplemental players for their team if they are already registered with Greendale Twinite.
 - Any borrowed player:
 - Must be identified to the opposing team prior to the game.
 - Must bat at the bottom of the order.
 - Is not allowed to play as a pitcher.

Inclement Weather

- League decisions for cancellations will be made prior to the start of games.
- Umpires can also make the call for game cancellation.



- If lightning is seen or thunder is witnessed, play must halt for at least 30 minutes.
 - This timer resets with every instance of thunder or lightning.
- Umpires will make decisions to delay or call the game.
 - Any weather conditions that become unsafe for players can lead to delays or cancellations.
 - It is recommended to use current technology to monitor the weather and make informed decisions.

Practices

- Head Coaches will determine practice times and days.
 - Coaches should communicate with their respective division directors to get practices scheduled and fields reserved.
- It is recommended to schedule at least one practice a week for all levels.
 - Practice is when the players receive the greatest opportunity to gain experience and improve.
- Practice length
 - Single A and Double practices are scheduled for 1 hour.
 - Minors, Majors, and Seniors practices are scheduled for 1 hour 30 minutes.
 - If there is no team scheduled before or after your practice, you can extend your time.
- Practice format
 - Coaches have flexibility to structure practice to best meet the needs of their team.
 - The best practice is to have multiple small groupings of players to maximize opportunities and repetitions.
 - Avoid long lines and having kids stand around and wait as much as possible.